

Foot Notes

“Food on Foot turns tax burdens into tax payers.”

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974 Consecutive Weeks

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SUCCESS IS THE SUM OF SMALL EFFORTS, REPEATED DAY IN & DAY OUT



DeAntwan B. — Gray Shirt

In 2012, DeAntwan B. was living in Thousand Oaks, CA with his wife and daughter. He was working full time but his marriage wasn't going well. After he and his wife separated, they filed for divorce in 2013. He reports that he found himself in need of mental repair. He began drinking more than usual and eventually lost his job. He returned to LA, leaning on family for support.

With a large family based in Los Angeles, people might wonder how he could find himself sleeping on the train every night. “I wouldn't go to my family anymore and felt that I was the one who had to get myself out of this situation,” he says. Three months came and went with his job search yielding no results. Another six months went by and still there were no promising leads on employment. He says, “I felt myself turning dark...so I decided I had to make a change.”

DeAntwan happened to meet a man one day who told him about Food on Foot (FOF). “I went the following Sunday and became a green shirt. I worked hard and stayed consistent with

my attendance,” he says. He battled illness and extreme fatigue from many sleepless nights riding the train. He attended our Work for Food (WFF) program for a total of *29 weeks*. Through the many challenges that came his way, he managed to overcome them and on October 19, he received his Gray Shirt!

It took DeAntwan almost a year to admit to his family that he was homeless. “I was really angry; not at people or the situation in general, but at myself. I just couldn't understand or accept how quickly I let myself get to this point,” he says. Finally admitting to his family that he was homeless was his turning point, “I just knew that I was going to make it out of this and that kept me focused.”

“Patience and perseverance have a magical effect before which difficulties disappear and obstacles vanish.”

— John Quincy Adams

Late October, DeAntwan began a full time job at Becker General Contractors as a construction assistant. When he met with WFF Program Director, Rachel Roberts, he said, “I just want to work. I don't like standing around and getting paid to do nothing.” In accordance with his work ethic, he has been put to work and is ready to get his life back. Finding out about Food on Foot was the best thing that could have happened to him. He has regained his confidence and appreciates the tough love that came with the program. “I could never thank FOF enough for this opportunity and the new start to my life!”

Please Volunteer!

**Welcome Aboard
to Our Newest
\$98 Club Members!**

OCTOBER

Katie Everds

NOVEMBER

Dorothy Edmed

Scot Finck

www.foodonfoot.org



THANKSGIVING DAY SERVING

Please join us as volunteers for our big Thanksgiving Day event from 2:00-5:00pm on Thursday, November 27.

We will be providing food, sleeping bags, and bus tokens to hundreds of homeless and poor adults and children.

Volunteer spaces are very limited and will fill quickly so early registration is recommended.

To volunteer, please go to:

WWW.FOODONFOOT.ORG